

When it's late and you need a slice of comfort, Fresh Brothers is a click away

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by Megan Garringer

Everyone knows that kids love pizza. Pizza is creative, and fun and gooey. Pizza makes you feel better in an instant. From the pickiest of eaters to a sophisticated foodie, everyone finds comfort in a good slice of pizza.

People in the South Bay are familiar with the Fresh Brothers franchise and its great selection of toppings, crusts and sauces. And, when the thought of pizza makes your mouth water, this locally owned establishment fits the bill.

It's 7:30 at night, and no one has eaten. We're too lazy and short on time to cook anything, so out comes the computer. A couple of clicks on freshbrothers.com and dinner is on the way.

We always end up ordering two pizzas: Something with veggies for my mom and me and something meaty for my dad and sister.

Our most recent Fresh Brothers meal consisted of one original sausage thin-crust pizza with mushrooms and one custom pizza with MegaGrain thin crust, artichoke hearts, mushrooms, black olives and the Fresh Kids Special Sauce.

This sauce is tangy just like Fresh Brothers' original pizza sauce, but veggies are blended into it to add hidden and delicious nutrition. Crusts can be thin, skinny, deep dish, or the new MegaGrain, and toppings consist of everything from ham to three kinds of olives to fresh basil. My mom and I do wish there were jalapenos on the menu, though!

One of our favorite Fresh Brothers' pizzas is the Miller Special featuring sausage, pepperoni, ground beef, bacon AND ham. Obviously, it's incredibly filling, so if you love meat, are super hungry and have have lots of room in your fridge for leftovers, it is the pizza for you.

For the few folks out there who don't like pizza, Fresh Brothers offers a menu of appetizers, wings, salads and vegan tenders. Looking for something light? Choose from the seven farm-fresh salads or create your own.

The appetizer menu is best known for its Fresh Knots: Warm and mouthwatering bites of garlic bread dusted in parmesan and dunked in red sauce. Still not finding something? Fresh Brothers' chicken wings are baked, not fried, and they come with your choice of six sauces.

So there goes another easy night, all thanks to your friendly neighborhood Fresh Brothers. You can find this satisfying pizza chain at 2008 N. Sepulveda Blvd. in Manhattan Beach (tucked behind Rubios) or at 207 N. Pacific Coast Highway in Redondo Beach (next to Whole Foods).

Fresh Brothers is perfect for a family pizza night, with plenty for leftovers (who else loves cold pizza?). Be sure to stop by for an easy, tasty, family-friendly night!

Hermosan Megan Garringer is an eighth grader who attends The City School in Los Angeles. When she isn't visiting restaurants and eating delicious food, she's busy playing soccer and acting in local Upstage Theatre Arts Schools productions. Follow Megan's culinary adventures on beachcitiesdining.com and visit her blog at southbayfood.com.



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